

TEAM RE-SET

LIFE AFTER LOCK-DOWN

UPPING YOUR ELVIS

Covid-19 will have had a unique impact on your people, so it's vital you create the space for each of them to process their unique experience and re-connect as a team that's raring to go...

? THE ISSUE

When people return to work **WE SIMPLY CANNOT EXPECT FOR IT TO BE BUSINESS AS USUAL.**

Everyone will have been deeply impacted by this prolonged period of working alone so **WE NEED TO BRING PEOPLE BACK TOGETHER AND SUPPORT THEM** in ways they've never been supported before.

★ OUR SOLUTION

Our workshop **CREATES THE SPACE FOR PEOPLE TO PROCESS THEIR EXPERIENCES**, so they're clearer on what's important to them and are in a better place to re-connect with their team.

We combine this with our 5-day digital program to lock-in a series of simple behaviours that **SUPPORT A DEEPER LEVEL OF CONNECTION OVER THE LONG-TERM.**

☁ WHAT DO YOU GET?

Our workshop helps people to make sense of their experiences of working alone, as they return to work in their 'new normal'. We bring them back together to re-connect as a team with a deeper awareness of who they are and what's important to them:

- Understand yourself and each other better, to help drive a deeper level of connection throughout teams.
- Learn how to make every interaction count at work and in life.
- An energetic and cultural boost to a team's DNA.

A human, energetic and soul filling adventure, people leave the workshop feeling more connected, impactful and alive.



Following the workshop, our 5-day digital program invites people to experiment with one new behaviour each day to help lock-in the new ways of being, whilst supporting them in the long term with digital video and downloads:

- Discover how to constantly grow, learn and share appreciation with colleagues that helps build stronger relationships.
- Learn how to focus on the things that will have most impact for you and your team.
- A huge boost to your energy, mental health and general wellbeing.

↑ RESULTS

Our Team Re-Set program is proven to deliver powerful shifts in behaviour that help teams to connect more deeply and feel more in control:

- People proactively seeking feedback 'at least twice a week' grew from 43% to 81% following the program.
- 98% scored themselves an 8 or above on 'focus' following the program*.
- 87% scored themselves a 7 or above on feeling in control of their time*.

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* Out of 10